

2023 - SALINA SOUTH MIDDLE SCHOOL TRACK

Track practice will begin on **Monday, March 20th** and will continue until **Monday, May 8th** for both boys and girls. Our normal practice schedule will be from **2:50 to 4:30** every weekday at **South Middle School**. Please arrange for a ride by **4:30** each day.

There will be a **track parent meeting** on **Monday, March 20th** for all parents of 7th and 8th grade track participants. The meeting will be at 5:15pm in the SMS Commons. Enter through the Gym 2 entry doors.

- ⇒ In the case of inclement weather, the practice schedule will be changed. **The girls and boys will both practice from 2:50 to 4:20 in the South Middle gyms.** Please have rides ready by 4:15. The SMS secretaries will be notified about practice changes by at least **2:00pm**. Please do not call or email about practice before then, because a decision will not have been made yet. *Thank you for your support and cooperation with schedule changes, as we have no control over the weather.*

All athletes must have the packet consisting of these forms on file in the office before they can participate in practices or meets:

- 1. Physical Form** (signed multiple times by a doctor, parent, and student)
- 2. District-Provided Transportation Form** (signed by a parent)
- 3. Parent Consent Form** (signed by a parent and student)
- 4. Emergency Consent Form** (emergency form must be **witnessed** when signed by a parent)
- 5. Concussion Release Form** (signed by parent and student)
- 6. KSHSAA Covid-19 Questionnaire** (signed by a parent and student)

To ride to a meet or home from a meet with a parent, a Return Transportation Release Form must be completed for an individual student. A student may travel to/return from a meet only with his/her parent.

- Scott VanDeCreek is the boys and girls head coach (**coaches 8th boys**)
- Dean Heckethorn is assistant boys and girls coach
- Todd Robinett is assistant boys coach (**coaches 7th boys**)
- Kennedy Elliott is assistant girls coach (**coaches 8th girls**)
- Rylea Fox is assistant girls coach (**coaches 7th girls**)

2023 SMS Track Schedule is on the back
(It is subject to change and it most likely will change)

Salina South Middle School Track 2023

Day/Time		Meet		Location
Thursday 4-6		Abilene Inv.		Abilene Stadium 3:00
Thursday 4-13		McPherson Inv.		McPherson College 2:00
Monday 4-17		Derby Participation		Derby High 3:30
Thursday 4-20		Hutchinson Inv.		Gowans Stadium 1:00
Tuesday 4-25		Great Bend Participation		Panther Stadium 2:00
Thursday 4-27		Hays Inv.		Hays High 10:00am
Thursday 5-4		Salina Inv.		Salina Stadium 3:00
Monday 5-9		WSL League Meet- Newton		Bethel College 3:30